

# Collaborative Education Series

## On-Demand: Joint Special Tests Part 2:

### The Knee and Ankle

#### CAT A Presentation

## MaineGeneral YouTube

### 'On-Demand' Presentation

**Audience:** AT's, PT's, OT's,  
other medical professionals  
and students.

**Date:** On-Demand

**Time:** On-Demand

**Tuition:**  
Free

**For Registration:**

[CLICK HERE](#)

We will send you the YouTube link to the email you registered with once your registration has been processed

**Completion of the Course Evaluation form is required before CEU certificates will be awarded! Evaluation link is located in the YouTube video description.**

Please contact **Steve Tosi** with any questions.

[Steve.tosi@mainegeneral.org](mailto:Steve.tosi@mainegeneral.org)

Marketing and registration also located on BOC website

Search for P2258

Program Date: September 12, 2024  
Release as On-Demand Date: September 23, 2024  
Expiration Date: September 23, 2027

#### Presenters:

ON-DEMAND **Patrick Norwood, ATC**  
**Emily Staples, ATC**

MaineGeneral Sports Medicine  
MaineGeneral Sports Medicine

- In the field of athletic training, the ability to have accurate, reproducible and efficient evaluation skills is the foundation for our patient care. Understanding possible differential diagnosis and determining injury severity is imperative for our patients' safety and the trust they place in us to take care of them. The medical field is constantly adapting and changing based on recent research, and athletic trainers need to remain up to date in the knowledge of the newest techniques of joint assessments. Doing so helps maintain the accuracy of injury diagnosis which leads to the most appropriate and effective care.

- By participating in this program, the participant will have the ability to make more consistently accurate injury assessments utilizing differential diagnosis skills. This increase in accuracy will lead to improved efficiency in treating the injury and decreased game time lost due to the injury because an accurate diagnosis leads directly to the most appropriate care.

#### Objectives:

- Review anatomy of the knee and ankle.
- Explain and demonstrate how to perform special tests for the knee and ankle.
- Identify the reliability and specificity of the special tests shown.

To view all our BOC On-Demand Programs:

SCAN



For AT's, PT's, OT's EMT's, MA's



According to the education levels described by the PDC, the following continuing education course is considered to be **Advanced**.

#### Credits awarded:

CEU's awarded: 1.75 CAT A CEUs

MaineGeneral Medical Center (BOC AP#: P2258) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of (1.75) CAT A CEUs. ATs should claim only those hours actually spent in the educational program.

#### Cancellation and Refund policy:

It is our priority at MaineGeneral Medical Center to provide quality Continuing Education. For certain events, a fee will be collected during pre-registration. This fee will be refunded in the event that the course is cancelled or is unable to take place. As part of our policy, we recognize that unforeseen circumstances can occur. Therefore, a refund will be granted to individuals who pre-register but are unable to attend the course.

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